

A close-up photograph of a woman's midsection. She is wearing a red lace corset with black lace detailing at the bottom. Her left hand is resting on her hip, wearing a black leather wristband with two silver buckles and a thin gold chain bracelet. A single red rose is held in her hand. The background is dark and out of focus.

How To Be Dominant With Women

Action Checklist + Bonus Content

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Enslavement, Not Seduction.

Derek Rake



IMPORTANT

This Action Checklist is based on the guide published on Derek Rake's blog:

<https://derekrake.com/blog/how-to-be-dominant-in-a-relationship/>

For the full article, click on the above.

Action Checklist

Signs your girlfriend/wife is more dominant than you

- When you get into arguments, she always wins
 - You hesitate to do anything without asking/telling her first
 - She makes nearly all (if not all) of the decisions in your relationship
 - She doesn't respect you
 - She sees you as her "subordinate" in the relationship
 - She's very controlling
 - She doesn't listen to you
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How NEVER to react to a dominant partner

1. Never try to be her "best friend." You can't get anyone's respect by giving them everything they want, and that goes double for your girlfriend/wife.
 2. Never try "Pickup Artist" or "Seduction" stuff. You'll be forced to assume a strange "cocky jerk" personality - starkly different from your real personality - which ultimately leads to bitterness, creepiness, and overthinking.
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Action Checklist

How to dominate a dominant woman

- Instead of trying to be her “best friend” or some “cocky jerk,” strive to become her **master**.
- The first step is to make her suffer - that is, start making her feel negative emotions as well as positive ones. Like it or not, women get off on pain, and the strongest human bonds are forged in times of pain. (Don't worry - you're limited to inflicting **emotional** pain only.)

Examples of emotional pain to inflict on her

- Fear
 - Dread
 - Jealousy
 - Anger
 - All those emotions she'd get from watching her TV dramas and falling out with her girlfriends
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Action Checklist

How to do the "Faux Breakup"

1. **Ghost her for three days.** Don't show up, and don't contact her the whole time. Ignore her calls, no matter how much she screams and howls in voice mail.
 2. **Reappear with a bombshell text.** Text her: "It's probably good for us to go our separate ways." Then you shut up - no explanation or elaboration. Let her imagination run wild. This will take her on an emotional spin.
 3. Eventually she'll want to **"talk things over."** When this happens, it means you've regained dominance in your relationship. Hesitate to meet up, but ultimately agree. Make it hard for her.
 4. **At your "heart-to-heart" talk, use Fractionation on her.** This will seal the deal - it will make her feel so emotionally addicted to you that she'll do absolutely anything to make you stay. And that includes respecting you and accepting your dominance. (For a complete look at how to use Fractionation, check the last portion of this Guide.)
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Bonus Content

While the “Faux Breakup” is a good hard-and-fast way to regain your rightful dominance in your relationship, it’s not one-size-fits-all. For instance, if your woman’s domineering personality is merely annoying and not maddening, then pretending to break up with her might be overkill.

That’s where a more passive, “background” technique like Devalidation can work better. Here, you assert your dominance in a slow, steady way - like giving her a drip-feed of emotional pain until she willingly (and happily) submits to your authority.

Devalidation is the conscious and direct **repelling** of a woman through the infliction of emotional pain. There are three ways to Devalidate a woman:

- 1. By using statements that give her both a positive emotion and a negative one at the same time. (E.g. “I love you, but you’re a pain in the ass sometimes.”)*
- 2. By deliberately looking like you’re losing interest in her. This is best done when she’s displaying behavior you don’t approve of.*
- 3. By showing negative body language, such as turning away from her or glancing at other people while she’s talking to you.*

In a sense, Devalidation is a specialized form of Fractionation. It produces a “lite” form of the emotional addiction she needs to feel to completely, happily submit to you for life.

What Next?



The techniques I've shared with you are just the tip of the iceberg when it comes to Mind Control Enslavement.

This guide will get you off to a flying start, but to do well, you'll need a full suite of Mind Control tactics to control and dominate a woman completely.

After all, you don't really want to "attract" or "seduce" her...

... instead, you want to **ENSLAVE** her emotionally to you. You want to keep her for as long as you want WITHOUT the usual headaches and frustration.

And this is what Shogun Method can do for you.

To discover how you can acquire the "superpowers" to enslave any woman and put her under your ultimate dominance with Mind Control, go to this website -

<https://shogunmethod.com>

Be a Shogun. Join us today in the worldwide Shogun Method movement.



Be A Shogun.

Enslave any woman emotionally and make her willingly submit to your ultimate authority.

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