

A close-up photograph of a woman's midsection. She is wearing a red lace corset with black lace trim at the bottom. Below the corset, she is wearing black lace underwear. A single red rose is placed on her waist. She is also wearing a black leather wristband with two silver buckles and a thin gold chain bracelet on her left wrist.

How To Control Your Girlfriend

Action Checklist + Bonus Content

This is an official Shogun Method publication. For more information on Shogun Method, go to <https://shogunmethod.com>

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Enslavement, Not Seduction.

Derek Rake



IMPORTANT

This Action Checklist is based on the guide published on Derek Rake's blog:

<https://derekrake.com/blog/how-to-control-your-girlfriend-mind/>

For the full article, click on the above.

Action Checklist

Signs Your Girlfriend Is Controlling You (Even One Sign Is Bad Enough)

- She relentlessly tracks where you are and who you are with
- She calls to check if you're really where you say you are or if you're with who you say you're with
- She complains about your finances
- She decides on what you can or can't buy
- She accuses you of going out to "pick women up" even though you're not
- She bitches about your friends
- She's unhappy you spend time with your buddies instead of her
- She tries to control how you look
- She makes you wear clothes you hate just because she thinks they look good on you
- She has the final say on sex

What To Understand About Control-Freak Girlfriends

- She's unhappy. In fact, she's miserable.
 - She does NOT want to be in control of the relationship, even if she talks or acts as if she does
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Action Checklist

What To Understand About Control-Freak Girlfriends (continued)

- By Mother Nature's design, women are NOT wired for leadership and control (Men are much better suited for those roles)
 - If you want her to be happy, you must control her and your relationship with her
 - The best way to do that is to control her emotionally
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How To Control A Woman Emotionally

- Stop trying to appease her. The more you try to be nice to her, the more irrational her demands will be
 - Understand that she wants a strong leader - someone she looks up to and admires
 - Understand that she wants to be controlled and led by a strong, capable man who loves her
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Action Checklist

The Female Mind Hack Strategy

1. **Do the withdrawal:** Become emotionless to her. Stop caring that much. Delay your reactions to her, give vague answers, feign disinterest if she tries to argue with you. Also, spend more time away from her and stop answering her calls and texts.
 2. **"Dump" her:** After she's emotionally shaken up by the "withdrawal," tell her: "I think we need to spend some time apart." Don't outright tell her it's a breakup - the key is to make her mind go haywire wondering what you're doing. Then you make zero contact with her for three days.
 3. **"Finish" her:** After three days, text her: "Let's talk things over." At this point, you're at your most powerful position, and she's at her weakest. Then you seal your dominance over the relationship with Fractionation. (See final section of this Action Checklist)
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Bonus Content

The Master/Slave Frame is a Shogun Method principle that I normally teach to my married clients. In the Master/Slave Frame, you're the wise, benevolent "Master," while your woman is the loyal, empowered "Slave."

As the Master, you're more dominant than your Slave and you do not tolerate disrespect. As your Slave, she should follow your lead and be in your corner 'til the bitter end.

To impose the Master/Slave Frame in your relationship, you need to change two things: (1) The way you see yourself, and (2) The way you see your girlfriend.

Firstly, you should see yourself as the relationship's pillar of strength - one she and future members of your household will look to for stability. As such, you should have a clear mission in life that's bigger than just "pleasing your girlfriend," and you should relentlessly pursue that mission.

Secondly, you should see your girlfriend as the "most responsible teenager" you know. You can put her in charge of the minimally-important aspects of your relationship. That means if she wants to be in charge of your home's interior decoration, or where to have dinner next Saturday, etc. - you let her.

Turn the page.

Bonus Content

In the meantime, you remain in charge of the most important aspects. You're in charge of the house rules, the production and management of your finances, and the big decisions where you and she disagree on. You never delegate these decisions to her.

As a wise, benevolent Master, you meet all her needs, but only some of her wants. And when she acts out of line, you discipline her emotionally.

Any man can impose the Master/Slave Frame on his relationship if he tries hard enough. However, here's a tip: It's ten times easier when you know how to use the Fractionation technique - the cornerstone technique of Shogun Method.

To learn more, turn the page.

What Next?



The techniques I've shared with you are just the tip of the iceberg when it comes to Mind Control Enslavement.

This guide will get you off to a flying start, but to do well, you'll need a full suite of Mind Control tactics to control and dominate a woman completely.

After all, you don't really want to "attract" or "seduce" her...

... instead, you want to **ENSLAVE** her emotionally to you. You want to keep her for as long as you want WITHOUT the usual headaches and frustration.

And this is what Shogun Method can do for you.

To discover how you can acquire the "superpowers" to enslave any woman and put her under your ultimate dominance with Mind Control, go to this website -

<https://shogunmethod.com>

Be a Shogun. Join us today in the worldwide Shogun Method movement.



Be A Shogun.

Enslave any woman emotionally and make her willingly submit to your ultimate authority.

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