

A photograph of a woman's midsection. She is wearing a red lace corset with black lace trim at the bottom. Below the corset is a black lace skirt. A black leather choker with two silver buckles is worn around her neck. A red rose is tucked into the waistband of the skirt. The background is dark and out of focus.

Psychological Manipulation Action Checklist

Action Checklist + Bonus Content

This is an official Shogun Method publication. For more information on Shogun Method, go to <https://shogunmethod.com>

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Enslavement, Not Seduction.

Derek Rake



IMPORTANT

This Action Checklist is based on the guide published on Derek Rake's blog:

<https://derekrake.com/blog/psychological-manipulation-techniques/>

For the full article, click on the above.

Action Checklist

What Every Man Needs To Understand About Dating And Relationships As Early As Possible

- The “pickup phase” is just that - a phase. After a while, you’ll get tired of picking women up and putting them down later.
- The white picket fence and the nuclear family is what all men eventually want.
- You’ll ideally want a loving, obedient, and feminine wife. Unfortunately, most husbands today deal with domineering, disrespectful, game-playing, narcissistic wives.
- The tricks that work in the pickup phase will NOT work in a long-term relationship.
- Unless you know the secret to keeping her desire in a long-term relationship, she might eventually downright hate you.
- What’s the secret? It’s psychological manipulation.

Psychological Manipulation: The Right Mindset To Have

- Don’t believe the trope that manipulation is “evil by nature.” It’s not. It’s neutral - it’s your intentions behind manipulating your wife that makes the act good or evil.
 - If your main goal is to build a loving, healthy, long-term relationship with a woman who feels 100% loved by you, then your psychological manipulation of your wife is a very good thing. (And very necessary, as it can’t be achieved in any other manner.)
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Action Checklist

The Top Three Emotional Manipulation Techniques From Shogun Method

1. Prophecy
 2. Negative Shared Experiences
 3. Fractionation
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How To Use Prophecy

1. Tell your target about your offer (e.g. to “start an exclusive relationship with me.”)
 2. Tell her she’s “free to decide” what to do
 3. Predict a negative future for her if she declines (e.g. “The next guy will pump you and dump you, and you’ll realize I was right.”)
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How To Use Negative Shared Experiences (NSE)

1. Purposely get into negative experiences with her - such as getting lost in town, getting stranded in the rain, or getting into a “fake” argument.
 2. Enjoy the stronger bond you’ll share with each other after said NSE’s.
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Bonus Content

False Memories is a creative, effective way to manipulate a woman for the long-term. It makes her think that something was said or done in the past that makes her present behavior unacceptable.

Let's say she's complaining about you spending too much time on your work and friends, and too little time with her. Meanwhile, you want her to respect your time and decisions. What should you do?

You can implant False Memories into her, that's what. Here, you sandwich a False Memory between two or more true memories. Here's an example of how the sequence would play out:

***YOU:** (True Memory) "Remember when we were still dating, we went on a double-date with Alex and May?"*

***HER:** "Yeah, what's that got to do with anything?"*

***YOU:** (Another True Memory) "Remember at the bar, we got a little tipsy, and Alex and May started arguing on the dance floor?"*

***HER:** "Yeah, so?"*

Turn the page.

Bonus Content, continued

YOU: *(False Memory)* “Because back then, you promised me you’d never **EVER** be needy and clingy like May was back then... and what you are right now.”

HER: *“What? I never said that.”*

YOU: *(True Memory)* “Sure you did. Come on. You said it right before we kissed and went to the beachfront to sober up. Don’t tell me that was all a lie?”

HER: *“Well, maybe I was drunk at the time...”*

YOU: *“I can’t believe you. I need a break...”*

What happens next?

No woman wants to be seen as hypocritical, so she’ll stop complaining so much. And since she now believes she made that promise to you once, she’s more likely to behave better moving forward.

Using False Memories takes some preparation. Yet used correctly, it’s one of the most powerful psychological manipulation techniques out there. Yet another valuable tool to create that happy, lifelong relationship you both deserve.

What Next?



The techniques I've shared with you are just the tip of the iceberg when it comes to Mind Control Enslavement.

This guide will get you off to a flying start, but to do well, you'll need a full suite of Mind Control tactics to control and dominate a woman completely.

After all, you don't really want to "attract" or "seduce" her...

... instead, you want to **ENSLAVE** her emotionally to you. You want to keep her for as long as you want **WITHOUT** the usual headaches and frustration.

And this is what Shogun Method can do for you.

To discover how you can acquire the "superpowers" to enslave any woman and put her under your ultimate dominance with Mind Control, go to this website -

<https://shogunmethod.com>

Be a Shogun. Join us today in the worldwide Shogun Method movement.



Be A Shogun.

Enslave any woman emotionally and make her willingly submit to your ultimate authority.

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