

A photograph of a woman's midsection. She is wearing a red lace corset with black lace trim at the bottom. She is also wearing black lace underwear. In her left hand, she is holding a single red rose. On her left wrist, she is wearing a black leather wristband with two silver buckles and a gold chain bracelet. The background is dark.

Submissive Wife Action Checklist

Action Checklist + Bonus Content

This is an official Shogun Method publication. For more information on Shogun Method, go to <https://shogunmethod.com>

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Enslavement, Not Seduction.

Derek Rake



IMPORTANT

This Action Checklist is based on the guide published on Derek Rake's blog:

<https://derekrake.com/blog/submissive-wife/>

For the full article, click on the above.

Action Checklist

What To Understand About Being A Submissive Husband

- Being submissive will make you feel both unmanly and unhappy
 - Women, despite what media tells us, want a man who will stand up for himself
 - Women want a man who will put her in her place when she acts up like a child
 - In short - being submissive is a woman's natural state. When she's forced to be dominant (as she is when you're the submissive one in the marriage), it's super-stressful for her
 - The saying "happy wife, happy life" is a lie
 - The saying should be: "submissive wife, happy wife."
 - The reason why so many women are unhappy today is that there is a shortage of strong, dominant men
 - Your woman will gladly and willingly leave you for a more dominant man
 - If your wife is not submissive to you, you can (and should) change that
 - The best way to make your wife submit to you is by dominating and enslaving her
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Action Checklist

Signs Your Wife Is NOT Submissive

- She didn't take your last name
 - She's narcissistic
 - She lost interest in sex soon after you got married
 - She has a lot of male friends that you have to "accept"
 - She's spending more and more time with her friends, and less and less time with you
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How To Dominate And Enslave Your Wife

- The first step is **Segregation**, where you create an "us against the world" mindset with your wife. It's like you're in a grand adventure where everyone else is a mere guest. The best way to do this is through **Negative Shared Experiences (NSE)**
 - The second step is to use the *Black Rose Sequence* on her. (*NOT RECOMMENDED FOR BEGINNERS*)
 - Alternatively, you can use the Fractionation technique for the second step. This is much better for beginners. [Click here to learn how to use it.](#)
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Bonus Content

If your wife is not fighting tooth-and-nail to keep your marriage together, here's why. She doesn't feel enough "Dread."

In relationships, "Dread" is the fear that one might lose their partner in the future. In any marriage, one partner always feels more Dread than the other.

And if you want your marriage to work, then your wife should feel more Dread than you.

Your wife will NOT feel much Dread if she feels she's "got" you. When she knows she's in no danger of losing you, she feels no need to work hard to keep the marriage together. And that's a recipe for trouble.

There are many ways to inflict Dread on your wife, all of which I cover in [Shogun Method for Married Men \(SM3\)](#).

For preventing your wife from dominating you, the Passive Dread technique will suffice.

Turn the page.

Bonus Content, *continued*

Here are a few proven ways of inflicting Passive Dread on your wife:

- Becoming more attractive physically, such as working out and getting ripped. This makes her worry some younger, prettier woman would steal you one day.
- Pursuing manly hobbies, like contact sports, woodworking, blacksmithing, and prepping.
- Joining organizations where you meet new people, especially attractive and like-minded women.

These Passive Dread techniques are all meant to give your wife a reason to miss you and want you more. As they say, a little jealousy can go a long way.

The more she misses you and wants you, the more she'll fight to keep you. And that alone will solve many of your marriage's problems long before they get worse.

What Next?



The techniques I've shared with you are just the tip of the iceberg when it comes to Mind Control Enslavement.

This guide will get you off to a flying start, but to do well, you'll need a full suite of Mind Control tactics to control and dominate a woman completely.

After all, you don't really want to "attract" or "seduce" her...

... instead, you want to **ENSLAVE** her emotionally to you. You want to keep her for as long as you want **WITHOUT** the usual headaches and frustration.

And this is what Shogun Method can do for you.

To discover how you can acquire the "superpowers" to enslave any woman and put her under your ultimate dominance with Mind Control, go to this website -

<https://shogunmethod.com>

Be a Shogun. Join us today in the worldwide Shogun Method movement.



Be A Shogun.

**Enslave any woman
emotionally and make
her willingly submit to your
ultimate authority.**

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